



## Your Wellness is Important. Take the Time to Condition. Perform. Recover.

**Location:** GCSAA Member Services (booth 2916)

*Enter Hall D, door to the right of Registration*

**Appointments:** Wednesday & Thursday 7:00 a.m. - 5:00 p.m.

### Customer Wellness Screening Information

We abide by the same HIPAA laws as other medical facilities. All of your information is kept confidential. **Your information will NOT be seen or reported to your employer, Syngenta or your insurance carrier.**



**We ask that the participants fast 4-6 hours prior to the screenings for most accurate results. NOTE: Exceptions for fasting are: Black coffee, unsweetened tea and water.**

### While onboard the Mobile Wellness Unit, the following will occur:

- Fingers-stick for testing: Cholesterol, HDL (good cholesterol), LDL (bad cholesterol), triglycerides and glucose with results provided within 2-5 minutes.
- Blood pressure check
- Weight (with BMI <body mass index> calculation)
- Completion of computerized or hard copy Health Assessment (optional). A copy of the results is provided at completion. The HA provides information about current state of health based on answers to questions and the values provided by the finger-stick testing, blood pressure and weight that is entered. It also identifies risk factors for diseases such as heart disease, diabetes, etc. and provides information on lifestyle changes that may help to reduce these risk factors.
- Additional information and answers to questions is provided by a Registered Nurse.

**The entire process takes approximately 15-20 minutes.**

#ConditionPerformRecover

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